FOR IMMEDIATE RELEASE:
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Modern Parenting ocls.info/parenting

Science of Parenthood: Thoroughly Unscientific Explanations for Utterly Baffling Parenting Situations
Alafaya Branch Tuesday, May 3, 11 a.m.
Winter Garden Branch Saturday, May 14, 10:30 a.m.
Just when you thought you couldn't laugh any more at the follies, foibles and faux pas of modern parenting, along comes the *Science of Parenthood: Thoroughly Unscientific Explanations for Utterly Baffling Parenting Situations* with an all-new, totally fresh approach to parenting satire. Join us for a hilarious reading by the book's co-author, Norine Dworkin-McDaniel, as she offers riotously funny answers for such universally mystifying parenting questions. For more information, visit **scienceofparenthood.com**.

Help Me Grow
Chickasaw Branch Thursday, May 12, 2 p.m.
West Oaks Branch Tuesday, May 17, 10:30 a.m.
Alafaya Branch Monday, May 23, 3:30 p.m.
As babies grow, there are certain physical, cognitive and social milestones that serve as indicators of standard development. Delays in milestones can sometimes be an indication of other issues. For parents or caregivers of children that are concerned or have questions about their child's development, the Help Me Grow program at the Heart of Florida United Way can help identify developmental delays and connect families to local community-based services. For more information, visit **ocls.info/helpmegrow** or dial 2-1-1.

Starting Your Puppy Off Right
South Creek Branch Monday, May 16, 6:30 p.m.
Many behavioral problems in dogs can be prevented with proper puppy care and training. If you have a puppy, or are planning to get one, Todd Campbell, owner of South Orlando Dog Training, will offer guidance to train your puppy the right way with no force and no strife. He will educate you on new reward-based training methods that will make your puppy love to be with you and obey you. For more information, visit **dogtrainingorlando.com**.

Cooking with the Family
South Creek Branch Tuesday, May 24, 6:30 p.m.
Yamira Lee Johnson, head chef and founder of *Breaking Bread with Mira*, will make an easy recipe that you can fit into your family's busy schedule by preparing ahead of time. She will share tips about how to involve the family in the planning and making this delicious meal. To learn more, please visit **bbwmira.com**. Space is limited. Register online at **ocls.info** or call 407.835.7323.

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