

FOR IMMEDIATE RELEASE:

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Next Chapter

ocls.info/nextchapter

Budgeting for Caregiver Needs

West Oaks Branch

Tuesday, February 9, 10:30 a.m.

Life has many unexpected turns. Get tips on personal budgeting for retirees, and discover how to evaluate and realign your personal budget based on your life change needs. This seminar is part of the LIFE Information for Elders series presented by the OCLS and Orange County's Commission on Aging. Call 407.836.7446 or e-mail officeonaging@ocfl.net to register. Refreshments provided.

Senior Moments: Understanding What's Normal and What's Not

South Creek Branch

Friday, February 12, 11 a.m.

West Oaks Branch

Tuesday, February 16, 10:30 a.m.

Join Dr. Marieke Cajal, Ph.D., Neurosciences Assessment Specialist from Compass Research, LLC, for information on memory loss. Discuss causes, risk factors and groundbreaking research opportunities.

Hearing Screening

North Orange Branch

Tuesday, February 16, 2 p.m.

Hearing loss is gradual but can be treated with amplification from hearing aids. Connect Hearing helps people stay connected by offering premium, complimentary testing, servicing and after-care rehabilitation. For more information, visit ConnectHearing.com or call 407.351.9679.

Memory Testing

North Orange Branch

Thursday, February 18, 10:30 a.m. – 1:30 p.m.

Compass Research representatives will administer memory tests free of charge to anyone seeking information for themselves or someone they love. In addition to the test, information regarding current research and care options will be provided. Testing is by appointment only. Please call Liz Gorman at 407.210.1160 to make an appointment.

Maximizing Government Resources

Orlando Public Library, Albertson Room

Thursday, February 18, 12:10 p.m.

Learn about local elder help lines, programs and resources of the Florida Department of Elder Affairs and the network of nonprofits and government resources focused on supporting elders. This seminar is part of the *LIFE Information for Elders* series presented by the OCLS and Orange County's Commission on Aging. Call 407.836.7446 or e-mail officeonaging@ocfl.net to register. A small lunch is provided to the first 50 people to RSVP.

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