

FOR IMMEDIATE RELEASE:

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Library Events

Registration is required for some events. Register online at **ocls.info** or call 407.835.7323.

Voting Rights

Hiawassee Branch

Thursday, December 3, 6:30 p.m.

The Voting Rights Act (VRA) is a historic and hard-won victory of the Civil Rights Movement that protects the voices of all Americans at the ballot box. Join the Florida Institute for Reform and Empowerment and the Central Florida American Civil Liberties Union Chapter to learn about voting rights so you can avoid discrimination and exercise your right to vote. Food and light refreshments will be provided!

Book Signing with Local Author: Dr. Samadhi Artemisa

Edgewater Branch

Saturday, December 5, 12:30 p.m.

Celebrate the release of Dr. Samadhi Artemisa's first book, *Healthy Eating, Healthy Living, Healthy YOU*. Dr. Artemisa writes a nutrition and wellness column in the *Orlando Sentinel* and her new book compiles some of her published articles covering a variety of topics including holistic home remedies and tips for cleansing, weight loss, local food, recipes and more. Come for a discussion and book signing.

Simply Organized

Herndon Branch

Saturday, December 5, 2 p.m.

Alafaya Branch

Thursday, December 10, 6:30 p.m.

Retrain your routine for 2016! This is the year to finally get organized with tips from Buffy Werle, professional organizer with B Organized Today. Learn how to set your organizing goals and stick with them. Small steps add up to great leaps. See how small changes in habits can lead to big transformations.

Tiny House Of Hope

Southwest Branch

Saturday, December 5, 2:30 p.m.

Join Tiny House Builder Robin Butler of Tiny House Of Hope as he talks tiny houses, the building process and his non-profit organization. Stop by for a special tour of a tiny house!

CareerSource Job Search Assistance

Alafaya Branch

Monday, December 7, 10 a.m. – 1 p.m.

Orlando Public Library, Reference Central

Monday, December 14, 9 a.m. – 1 p.m.

North Orange Branch

Monday, December 21, 10 a.m. – 1 p.m.

Winter Garden Branch

Monday, December 28, 10 a.m. – 1 p.m.

Spend time with experts from CareerSource Central Florida. Explore the services they provide and learn how to connect with employment opportunities using career counseling, skill development workshops and more.

Stress Buster Coloring Hour

Edgewater Branch
Southwest Branch

Monday, December 7, 6 p.m.
Wednesday, December 9, 10:30 a.m.
and Tuesday, December 22, 7 p.m.
Saturday, December 12, 11 a.m.
Thursday, December 17, 6:30 p.m.

Windermere Branch
Winter Garden Branch

Turn off your phone, unplug your computer and join us for an hour of adult coloring. Not only is coloring calming and good for your health, it's fun! Supplies provided but you are welcome to bring your own. Ages 18 and up.

Peace Corps: Friends and Family Panel Discussion

Orlando Public Library, Albertson Room Tuesday, December 8, 5 p.m.

Invite your family to a special presentation designed to address the questions and concerns of family and friends. This event will feature family members of currently serving Peace Corps Volunteers who will discuss topics such as safety, health, staying in contact and how volunteers evolve as a result of their experience. Please contact Chad Chernet at vcchernet@peacecorps.gov or call 407.450.8840 for more information.

Money Talks for Women

Orlando Public Library, Melrose Center Tuesday, December 8, 6 p.m.

Learn about library services such as Morningstar Investment Research Center—an online database used for saving, investing and more. Women of all ages and financial backgrounds are encouraged to join the conversation!

Cooking with Essential Oils

North Orange Branch Tuesday, December 8, 6:30 p.m.

We will introduce the nature of oils vs. herbs, discuss how to use them in food preparation, and highlight oils to use in cooking. We will also touch on eating right and oil-inspired supplements. Handouts will be provided for those who register in advance. There will also be a drawing for free samples.

Stretching for Chronic Pain Management

Edgewater Branch Wednesday, December 9, 10:30 a.m.

Oxygen plays an important role in pain relief. Learn how to improve all types of pain by using more oxygen while stretching. Diana Jo Rossano, Ph.D. is a ballet and ballroom dance instructor with a degree in holistic nutrition. Registration recommended.

Health Insurance Marketplace Enrollment and Patient Protection Information Sessions

Chickasaw Branch Wednesday, December 9, 3 – 6 p.m.
Herndon Branch Saturday, December 12, 10:30 a.m. – 2:30 p.m.
Alafaya Branch Monday, December 14, 3 – 6 p.m.
Edgewater Branch Tuesday, December 29, 3 – 6 p.m.

Certified Assistants will answer questions regarding the Affordable Care Act and help with enrolling in the Health Insurance Marketplace. *Health Insurance Basics* will introduce you to the Affordable Care Act. *Patient Protection* will discuss patient rights once you have health insurance coverage. Presented by SRA International, Inc. For more information, please call 407.340.0844 or visit [facebook.com/enrollorlando](https://www.facebook.com/enrollorlando).

Maximizing Your Social Security

Edgewater Branch

Thursday, December 10, 6:30 p.m.

Millions of Americans depend on Social Security as their primary source of retirement income, which can be taxed. This class will assist you in deciding when and how to take Social Security benefits, how to avoid being taxed and how to maximize your benefits. To register, please call 407.504.0711. For more information, please visit coffeusa.org.

Breastfeeding 101

Windermere Branch

Friday, December 11, 11:15 a.m.

Learn the benefits of breastfeeding for mom and baby. This class will address questions about how often a newborn should eat, positions, latching, feeding cues and more!

Discount Diva's Coupon Club

Edgewater Branch

Friday, December 11, 2 p.m.

Learn the basics of using coupons to get maximum savings on your everyday purchases. You will gain insider tips on discounts and freebies at your favorite shopping places.

Savvy Savers

West Oaks Branch

Saturday, December 12, 1:30 p.m.

Save money for the holidays! Become a savvy saver by sharing coupons and savings tips at this monthly meeting.

Creative Coloring for Adults

Orlando Public Library, Albertson Room

Sunday, December 13, 2 p.m.

Alafaya Branch

Monday, December 28, 7 p.m.

Have you heard about the latest craze? Adults are coloring again! Coloring is a great way to relax and unwind while channeling your inner child. All supplies will be provided but feel free to bring your favorite colored pencils or markers.

Tabletop Tuesdays

Orlando Public Library, Palm Room

Tuesday, December 15, 6:15 p.m.

Experience the fun of coordinating with teammates in cooperative gaming or enjoy the satisfaction of winning against opponents in games of strategy and skill. This month we will play *Catan™*, *Forbidden Desert™* and *Once Upon a Time™*. Space is limited. Registration required. This event is intended for those ages 18 and older.

Star Wars Strikes Back Party

Edgewater Branch

Friday, December 18, 2 p.m.

Celebrate the release of *Star Wars Episode VII* with our Jedi friends, Anakin Skywalker and Ahsoka Tano, as we watch their exciting adventure in the film *Star Wars: The Clone Wars*. Afterward, test your *Star Wars* knowledge in a fun trivia game and create a Jedi craft. Wear your favorite *Star Wars* costumes! Bring your lightsabers for some Jedi training.

The Ghost Society

Orlando Public Library, Albertson Room

Sunday, December 20, 2 p.m.

The Ghost Society is an open forum hosted by The Beyond Investigators paranormal team. Share your

personal experiences, learn what's new in the field, and discuss books and shows in a casual, fun atmosphere. Join us every third Sunday of the month as we explore this interesting field.

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