

**FOR IMMEDIATE RELEASE:**

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## **Cuisine Corner**

**[ocls.info/cuisinecorner](http://ocls.info/cuisinecorner)**

Space is limited. Registration required for Cuisine Corner. Register online at **[ocls.info](http://ocls.info)** or call 407.835.7323.

### **Cookbook Club**

Orlando Public Library, Cypress Room                      Sunday, October 11, 4 p.m.

Looking for cooking inspiration? Join the Cookbook Club to explore new recipes and cookbooks. This month, we will focus on spicy, flavorful recipes in celebration of *Hispanic Heritage Month*.

### **The Wonderful World of Cheese**

Orlando Public Library, Cypress Room                      Tuesdays, October 13 and 27, 6:30 p.m.

Dairy fans, rejoice! This series featuring recipes starring cheese in all its melted glory is your dream come true.

### **Cooking with Chakras**

Orlando Public Library, Cypress Room                      Thursday, October 15, 6:15 p.m.

Learn how to combine color in your food to maximize your nutritional and spiritual needs. This workshop is designed to inspire healthy colorful eats. Open up to the joys of feeding and activating your chakra centers or meridian points by keeping your body balanced and in harmony. For more information, visit **[swaasta.com](http://swaasta.com)**.

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