FOR IMMEDIATE RELEASE:
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POW!: The Power of Women

Money Talks for Women
Orlando Public Library, Melrose Center Tuesday, September 8, 6 p.m.
Learn about library services for spending, saving and more. Women of all ages and financial backgrounds are encouraged to join the conversation!

The Art of Henna and Threading
Chickasaw Branch Monday, September 21, 6:30 p.m.
Join us as we explore the ancient techniques of henna and threading. Space is limited. To register, visit ocls.info or call 407.835.7323. For more information, please visit **tejalhenna.com**. Ages 18 and older.

Women's Self Defense Class
Herndon Branch Monday, September 21, 6:30 p.m.
Learn how to protect yourself in an emergency situation with physical and tactical techniques taught by the Orlando Police Department. Attendees are encouraged to dress in loose, comfortable clothing.

Breastfeeding 101
Winter Garden Branch Monday, September 21, 6:30 p.m.
Learn the benefits of breastfeeding for mom and baby. This class will address questions about how often a newborn should eat, positions, latching, feeding cues and more!

The Blow Down with Blo Orlando
Orlando Public Library Albertson Room Tuesday, September 29, 6:15 p.m.
Learn how you can achieve tresses worthy of the red carpet at this demonstration. Blow drying, braiding and curling your hair at home will be discussed. No cuts or color, just wash, blow and go! For more information, visit **blomedry.com**.

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