

FOR IMMEDIATE RELEASE:

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Next Chapter

ocls.info/nextchapter

Hearing Screening

Chickasaw Branch

Friday, August 7, 2 - 4 p.m.

Hearing loss is gradual but can be treated with amplification from hearing aids. Connect Hearing helps people stay connected by offering premium, complimentary testing, servicing and after-care rehabilitation. For more information, please visit connecthearing.com or call 407.351.9679.

LIFE Information for Elders

West Oaks Branch

Tuesday, August 11, 10:30 a.m.

Orlando Public Library, Albertson Room

Thursday, August 20, 12:10 p.m.

Let us lend you a helping hand of healing with your caregiving responsibilities. This series is presented by OCLS and Orange County's Commission on Aging. Registration required. Call 407.836.7446 to register or e-mail officeonaging@ocfl.net. Refreshments will be provided to the first 50 attendees.

My Social Security: Understanding the Benefits

Chickasaw Branch

Tuesday, August 11, 6 p.m.

Join representatives from the Social Security Administration to learn how *my* Social Security works. Whether you're estimating future benefits or managing current ones, you can do it all today with the ease of online access at *my* Social Security.

Gaining Financial Control of Your Divorce

Alafaya Branch

Tuesday, August 11, 6:30 p.m.

Chickasaw Branch

Tuesday, August 25, 6:30 p.m.

Avoid some common financial mistakes made during the divorce process. Learn about the sources of money that may be available to you as a result of your divorce. Each attendee will receive a copy of the Institute for Divorce Financial Analyst's *Divorce Survival Guide*. For more information, visit

OrlandoAdvisors.com.

Memory Loss and Aging

Herndon Branch

Wednesday, August 12, 11 a.m.

West Oaks Branch

Tuesday, August 18, 11 a.m.

Learn about memory loss and healthy aging as well as current treatments and new medications on the horizon. Presented by Neurosciences Assessment Specialist Marieke Carjal, Ph.D. with Compass Research, LLC.

Memory Testing

Edgewater Branch

Thursday, August 13, 10:30 a.m. – 1:30 p.m.

Lisa Eade from Compass Research is a master's-level clinician trained in the initial assessments related to memory and recall. She will administer memory tests free of charge. In addition to the test, information regarding current research and care options for dementia and Alzheimer's Disease will be provided. Testing is by appointment only. Please call 315.263.3997 to make an appointment.

Home Safety & Fall Prevention for Seniors

Orlando Public Library, Albertson Room Thursday, August 20, 10 a.m.

Tim Hetz, certified personal trainer with Healthy Agers, shares tips on home safety for seniors and caregivers. Learn about hazards in the home, preventing falls, and building balance and muscles to keep up physical health.

Preventing Identity Theft

North Orange Branch Thursday, August 20, 2 p.m.

Winter Garden Branch Tuesday, August 25, 11 a.m.

Learn how to protect yourself against identity theft and scams. Other discussion topics will include the resources available if you've been victimized and how to report identity theft. More information is available at myfloridalegal.com.

The Conversation Project

South Creek Branch Saturday, August 22, 2 p.m.

The Conversation Project presents an interactive workshop that will give you and your loved ones the tools to have important discussions about your last wishes. Learn about the three-step "Get Ready, Get Set, and Go" plan to help you make sure that your wishes are expressed and respected.

Fraud and Scams Targeted to Seniors

Southwest Branch Friday, August 28, 11 a.m.

The Orange County Sheriff's Office Senior Crime Prevention Unit will share information about the most prevalent frauds and scams that prey on our senior population as well as what you can do to prevent victimization.

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