

**FOR IMMEDIATE RELEASE:**

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**General Programs**

**Step By Step Dance Studio, Inc. Presents Peter Pan**

Orlando Public Library, Library Central          Saturday, August 1, 11 a.m.

Visit Neverland with the students of the Step By Step Dance Studio. See Peter Pan go on an amazing adventure with Wendy, John, Michael, Tinker Bell and the Lost Boys.

**Stress Buster Coloring Hour for Adults**

Southwest Branch

Monday, August 3, 6:30 p.m. and

Wednesday, August 12, 10:30 a.m.

Winter Garden Branch

Thursday, August 13, 6:30 p.m.

Turn off your phone, unplug your computer and join us for an hour of adult coloring. Not only is coloring calming and good for your health, it's fun! Supplies provided but you are welcome to bring your own. Ages 18 and up.

**Service Heroes**

Winter Garden Branch

Tuesday, August 4, 11 a.m.

Humane Educator Cathy Houde with Pet Alliance of Greater Orlando will teach you about service animals and their important jobs. Stop by to meet a service hero from Canine Companions for Independence.

**Summer Film Screenings**

Orlando Public Library, Albertson Room

Fridays, August 7, 14, 21 and 28, 11 a.m.

Celebrate the end of summer with classic summer films. We will screen *Jaws*, *Grease*, *Field of Dreams* and *Dolphin Tale*.

**Family Travel Adventures**

West Oaks Branch

Saturday, August 8, 2 p.m.

Mike and Catrell Cooney sold nearly everything they owned to take their three teenage sons on an around-the-world trek. Learn about the amazing places they visited and the interesting people they met throughout their trek. Mike Cooney, author of *Cooney World Adventures: Backpacking with Teens Through Latin America*, will talk about how they made their dream come true.

**Superhero Capes for Function and Fashion**

Orlando Public Library, Albertson Room

Saturday, August 8, 2 p.m.

Both superheroes and villains have sported capes through the ages. Make your own cape while learning about this legendary costume accessory.

**Money Talks for Women**

Orlando Public Library, Melrose Center

Tuesday, August 11, 6 p.m.

Learn about library services for spending, saving and more. Women of all ages and financial backgrounds are encouraged to come and join the conversation!

### **Latino Americans: New Latinos**

Chickasaw Branch

Wednesday, August 12, 6:30 p.m.

Join us for a screening of the PBS documentary *Latino Americans: the 500 Year that Shaped a Nation: New Latinos*. The screening will be followed by a discussion.

### **Book to Big Screen**

Orlando Public Library, Library Central

Sunday, August 16, 2 p.m.

Join us for the movie adaptation of Judith Viorst's acclaimed children's book *Alexander and the Terrible, Horrible, No Good, Very Bad Day*. Follow a day in the life of a grumpy young boy who has everything go wrong, all in one day.

### **Home Buyer Seminar**

Hiawasse Branch

Tuesday, August 18, 6 p.m. – 8 p.m.

Get an overview of the home-buying process. Learn about each step including prequalifying for a mortgage, searching for a home, presenting offers, the closing process and more. You will also have the opportunity to get pre-qualified for free. Presented by Premium Properties Real Estate Services.

### **Understanding Health Insurance: From Coverage to Care**

South Creek Branch

Tuesday, August 18, 6:30 p.m.

West Oaks Branch

Thursday, August 20, 6:30 p.m.

Alafaya Branch

Monday, August 24, 6:30 p.m.

Herndon Branch

Wednesday, August 26, 6:30 p.m.

Certified Navigators will help individuals and families understand their benefits and connect with the services that are covered by their insurance and understand their financial responsibilities. Come to the session with questions.

### **Essential Oils for Animals**

Orlando Public Library, Albertson Room

Saturday, August 22, 11 a.m.

Natural Solutions Consultant Stephanie Jorian will discuss the benefits of using essential oils to improve the physical and emotional wellbeing of our companion animals. Learn the different grades of oils, various applications, and safety considerations when selecting oils—particularly for cats. Animals are not permitted to attend.

### **Essential Oils: Medicine Cabinet Makeover**

Alafaya Branch

Saturday, August 22, 11 a.m.

Many of the over-the-counter remedies in our medicine cabinets can be replaced with essential oils for increased benefits. Learn about suggested substitutions and get useful advice on how to make essential oils part of your daily life. Space is limited. Registration required. Call 407.835.7323 to register.

### **Event and Wedding Planner Workshop**

Chickasaw Branch

Saturday, August 22, 2 p.m.

West Oaks Branch

Saturday, August 29, 2 p.m.

This interactive workshop will provide you with all the tools necessary to become a successful event

and wedding planner. Learn how to design and coordinate professional looking events. Take the stress out of planning your big day with an easy and simplified approach.

### **American Heart Association CPR/AED Course**

Orlando Public Library, Albertson Room                      Saturday, August 22, 2 p.m.

Become CPR-certified in this four-hour course that teaches American Heart Association CPR, AED for adults, children and infants. The certificate you receive is valid for two years. Hosted by Take Heart Orlando. Space is limited. Registration required. Cost to take the course is \$20/person and must be paid at the start of class. Cash or check accepted. Checks can be made to Strengthen Orlando. To register, call 407.246.4277 or e-mail [handsonlycpr@cityoforlando.net](mailto:handsonlycpr@cityoforlando.net).

### **Let's Get Tangled**

Winter Garden Branch    Thursday, August 27, 6:30 p.m.

Need to pause and take a break? Zentangle might just be the trick! Join us for an hour of making your pattern and go home refreshed. Ages 18 and older.

### **Ballroom Dancing**

Edgewater Branch    Saturday, August 29, 1 p.m.

Learn basic dancing skills with a free dance lesson that includes a lecture and demonstration. Attendees have the option to take part in the ballroom dancing demonstration. Presented by **TwoLeftFeetDanceLessons.com** with Diana Jo Rossano, Arthur Murray-trained dance instructor. Registration recommended. Call 407.835.7323 to register.

### **FUNDamentals of Improv Showcase**

Orlando Public Library, Library Central                      Saturday, August 29, 11 a.m. and 1 p.m.

See students from the eight-week Power2Improv class perform their finale live show! All ages welcome.

### **Meet the Author: Christine Mercy Overton**

South Creek Branch    Sunday, August 30, 2:30 p.m.

Please join us for a very special book discussion and signing with Christine Mercy Overton, cousin to the late Diana, Princess of Wales. Overton's new book *50 Things I've Learned* reflects on a lifetime of passion, pain and perseverance as she shares her own stunning life lessons.

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