

**FOR IMMEDIATE RELEASE:**

**Date: May 22, 2015**

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## **General Programs**

### **CareerSource Job Search Assistance**

Alafaya Branch	Monday, June 1, 10 a.m. – 3 p.m.
Orlando Public Library, Reference Central	Monday, June 8, 9 a.m. – 1 p.m.
North Orange Branch	Monday, June 15, 10 a.m. – 3 p.m.
Winter Garden Branch	Monday, June 22, 1 - 4 p.m.

Spend time with experts from CareerSource Central Florida. Explore the services they provide and learn how to connect with employment opportunities using career counseling, skill development workshops and more.

### **Ta Chi for Health**

Southwest Branch	Wednesday, June 3, 10:15 a.m.
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Join us for an introduction to Qigong and Tai Chi. Learn about the many benefits of Tai Chi including a healthy body, strong heart and sharp mind. Facilitated by Tai Chi Sifu Jon Malone. No prior experience needed. Wear comfortable clothing and shoes. Please call 407.835.7323 to register.

### **Sustainable Travel**

Alafaya Branch	Wednesday, June 3, 7 p.m.
West Oaks Branch	Sunday, June 7, 2 p.m.

Jake Kaida, author of *Blue Collar Nomad*, lived nomadically from 1998-2010. He traveled sustainably by working as a natural chef, organic gardener, landscape artist, writing instructor and mentor to at-risk youth. In this talk, Kaida will discuss his experiences. A book sale and signing will follow the program.

### **Essential Oils Make & Take Workshop**

North Orange Branch	Saturday, June 6, 11 a.m.
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Learn more about essential oils with Marylou Morris and make five of your own natural remedy roller blends. Seating is limited and registration required. Register online at [ocls.info](http://ocls.info) or call 407.835.7323. Materials fee of \$25 for is required to participate in the make and take portion of program. Pay online at [eoworkshop.eventbrite.com](http://eoworkshop.eventbrite.com).

### **History of Irish Crochet**

West Oaks Branch	Saturday, June 6, 2:30 p.m.
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Enjoy learning about the history of Irish crochet as well as tips and tricks on tatting and smocking.

### **Hunter's Creek Homeschool Choir Presents: *A Small Part of the World***

Orlando Public Library, Library Central	Sunday, June 7, 4:30 p.m.
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Take a musical journey using the universal language of music. This multi-cultural presentation features folk songs tied together with informative dialogue. The Hunter's Creek Homeschool Choir is under the direction of Theresa Scavarda.

### **Know Your Rights Behind the Wheel**

Orlando Public Library, Albertson Room                      Monday, June 8, 6:30 p.m.

Hiawassee Branch    Saturday, June 20, 11 a.m.

James W. Smith III, attorney with CPLS, P.A. Law Firm, discusses civilian/police interactions on the street and in your car. Learn about your Fourth Amendment rights and get practical advice for getting through a police encounter safely and calmly with your rights fully intact.

### **Archery: It's Not Just for the Hunger Games**

Winter Garden Branch    Tuesday, June 9, 6 p.m.

Instructor Robert Arnold, Coach Level II USA-NFAA of Foundation Academy and Arnold's Archery will discuss the history of archery and more! There will also be a live demonstration.

### **Science Café—Skeletons: Animals Unveiled**

Orlando Public Library, Library Central                      Tuesday, June 9, 6:30 p.m.

Learn about osteology—the study of bones—with an interactive and hands-on discussion from the new attraction/museum on I-Drive called *Skeletons: Animals Unveiled*. Grades 4 and up.

### **Money Talks for Women**

Orlando Public Library, Melrose Center                      Tuesday, June 9, 6 p.m.

Learn about library services that focus on goal-oriented tools for spending, saving and more. Women of all ages and financial backgrounds are encouraged to join the conversation!

### **Social Security: Your Questions Answered**

Edgewater Branch    Thursday, June 11, 6 p.m.

Join certified Financial Advisor Tim Holter for an informative session on Social Security—the foundation of your retirement planning. Holter will answer your questions and reveal how you can get the most out of your benefits in order to have the retirement you deserve.

### **Experience Aromatherapy**

Winter Garden Branch    Thursday, June 11, 6:30 p.m.

Discover the amazing benefits of essential oils. Presented by Divine Wellness.

### **Savvy Savers**

West Oaks Branch    Saturday, June 13, 1:30 p.m.

Join in the savings! Become a savvy saver by sharing coupons and savings tips at this monthly meeting.

### **Modern Hebrew: The Past and Future of a Revitalized Language**

Orlando Public Library, Library Central                      Tuesday, June 16, 6:30 p.m.

Dr. Norman Berdichevsky, author of *Modern Hebrew: The Past and Future of a Revitalized Language*, will answer questions regarding Modern Hebrew and its past, present and future.

### **Home Buyer Seminar**

South Creek Branch    Tuesday, June 23, 6 p.m.

Get an overview of the home-buying process. Learn about each step including prequalifying for a mortgage, searching for a home, presenting offers, the closing process and more. You will also have the opportunity to get pre-qualified for free. Presented by Premium Properties Real Estate Services.

**Conquering Hunger**

Edgewater Branch

Thursday, June 25, 6:30 p.m.

Hunger is often cited as the reason why people fail attempts at adopting healthier eating habits. Join certified Health Coach Donni Alvarenga for tips on what you can do to take control over hunger.

**Beginners Ukulele Presented by Jim Thomas**

Herndon Branch

Monday, June 29, 7 p.m.

Learn how to play the ukulele with Instructor Jim Thomas. The ukulele's unique sound evokes a calming atmosphere everyone can enjoy.

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