

Week of the Family

Cooking with the Family

South Trail Branch

Saturday, November 4, 11 a.m.

Southeast Branch

Saturday, November 11, 11 a.m.

Unplug and connect with family over healthy meals. Yamira Lee Johnson, head chef and founder of Breaking Bread with Mira and certified holistic life coach, will demonstrate how to make delicious meals your whole family will enjoy. For more information about Breaking Bread with Mira, visit bbwmira.com. Space is limited. Registration required. These events are part of Orange County's Week of the Family celebration, to learn more visit weekofthefamily.org.

Naturalization Ceremony

Orlando Public Library, Library Central

Tuesday, November 7, 10 a.m.

Applicants including families from countries all over the world will take the Oath of Allegiance and become United States Citizens presented by U.S. Citizenship and Immigration Services.

Choosing Healthy Snacks

Washington Park Branch

Tuesday, November 7, 4 p.m.

Chickasaw Branch

Thursday, November 9, 3 p.m.

Learning to choose and identify healthy snacks can be a daunting process. This workshop will teach you all you need to know to make the best choice for you and your family. Seats are limited. To register, visit ocls.info or call 407.835.7323.

Self-Compassion and Minute Relaxation Techniques for New Parents

Herndon Branch

Wednesday, November 8, 6:30 p.m.

Having a baby is a developmental phase that can throw lives into chaos with the new family dynamic. Stress levels rise dramatically with less sleep, assessing baby wants and needs and the new responsibilities and expectations from others. Join Romina Papadopulos and Kathleen Hawkins for an informative session on how to communicate effectively with children; the importance of self-compassion, and the ability for implementing self-compassion including effective relaxation techniques that can help reduce this stress. You will walk away with new ideas on parenting and self-care, new practical relaxation skills to use while watching the baby and a small gift to use for relaxation purposes, while supplies last.

Daddy & Daughter Hair-Style Me Workshop

Eatonville Branch

Saturday, November 11, 11 a.m.

Learn the basics and fundamentals of how to style and care for your daughter's hair. Attendees will receive free educational information and demonstrations on how to properly manage and style their child, tween or teen's hair with natural hair products and simple safe regimens to use at home. Great for soon to be fathers, adoptive dads, single dads and grandfathers. Translators will be available for Spanish and Haitian Creole speakers. For more information, visit GlamourKidBraids.com.

Gobble, Gobble, Wibble, Wobble

North Orange Branch

Thursday, November 2, 11 a.m.

Hiawassee Branch

Saturday, November 4, 11 a.m.

Chickasaw Branch

Thursday, November 9, 11 a.m.

Windermere Branch

Monday, November 20, 10:30 a.m.

Herndon Branch

Thursday, November 30, 10:30 a.m.

Let the festivities begin! Preschoolers, trot into the library for a turkey feast! Join us as we gobble up stories and have fun with turkey activities and crafts. Ages 3–5.

Little Chef: Pumpkin Patch

Hiawassee Branch

Friday, November 3, 11 a.m.

Windermere Branch

Tuesday, November 7, 10:30 a.m.

Southwest Branch

Wednesday, November 15, 10:30 a.m.

Orlando Public Library

Thursday, November 16, 10:30 a.m.

West Oaks Branch

Thursday, November 16, 2 p.m.

North Orange Branch

Friday, November 17, 11 a.m.

You're never too young to get your start in the kitchen! Bring your little one to learn cooking skills such as kitchen safety, layering, measuring, smearing, tasting and presentation as you interact with a delicious recipe. This class is a "Mommy or Daddy and me" event. Space is limited. Registration required. Ages 3–5.

Thankful Hands

Southwest Branch

Monday, November 6, 10:30 a.m.

Eatonville Branch

Tuesday, November 7, 10:15 a.m.

West Oaks Branch

Thursday, November 9, 2 p.m.

North Orange Branch

Thursday, November 16, 11 a.m.

Orlando Public Library

Wednesday, November 22, 10 a.m.

Celebrate the fall season with interactive stations and get creative while crafting to share your gratitude. Ages 2-4.