



For more information, contact:

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Celebrate Hispanic Heritage Month with Hispanic-inspired cooking programs

Join the library this September as we celebrate Hispanic Heritage month with some enjoyable food programs. Visit the South Trail branch on September 17 for Spanish Cuisine: More Than Just Spice. Chef Warren Caterson of chefwarrencaterson.com will teach how to make healthy meals from various parts of Spain using local ingredients.

Library staff at the Orlando Public library will demonstrate how to make homemade tortillas from scratch and share some favorite recipes during Cuisine Corner: Tortillas from Scratch on September 27. Then on September 29 the Alafaya branch will host a special Cuisine Corner Junior where young chefs can learn how to prepare easy Hispanic inspired snacks.

If you have any questions about the events or information shared below, please feel free to contact us as 407-835-7323. You can also check for more food-related library events online at www.ocls.info/cuisinecorner.

Cuisine Corner Junior: Mac & Cheese

Orlando Public Library, 101 E. Central Blvd.

Tuesday, September 4, 3:15 p.m.

West Oaks Branch, 1821 E. Silver Star Road., Ocoee

Tuesday, September 4, 5 p.m.

Edgewater Branch, 5049 Edgewater Drive

Saturday, September 8, 2 p.m.

North Orange Branch, 1211 E. Semoran Blvd., Apopka

Wednesday, September 12, 4:30 p.m.

Southeast Branch, 5575 S. Semoran Blvd.

Tuesday, September 18, 5 p.m.

Hiawassee Branch, 7391 W. Colonial Drive

Tuesday, September 25, 6:30 p.m.

Macaroni Cheese, everybody freeze! Learn how to make a classic mac & cheese recipe and add your own flavor for a delicious treat. Recommended for upper elementary, tweens and teens.

Homemade Jams and Jellies

South Creek Branch, 1702 Deerfield Blvd.

Saturday, September 8, 1 p.m.

Virginia Hartley, owner of Ginger's Jam, Jellies and Such..., will have you cooking up the best jams in town! Get tips on making your own jams and jellies and try tasty samples. Jams and jellies will be on sale as part of the South Creek Small Business Expo 2018. See page 13 for more information.

Cooking with Indian Spices: One Pot Dish

Windermere Branch, 530 Main St., Windermere

Thursday, September 13, 6 p.m.

Winter Garden Branch, 805 E. Plant St., Winter Garden

Thursday, September 20, 6 p.m.

Join Shahnaz Nensey of Swaasta LLC for an easy, wholesome and healthy dish made with healing Indian spices. Learn how to incorporate spices that may reduce inflammation, improve digestion and satisfy the palette with delicious flavors using a variety of vegetables and lentils. Space is limited. Registration required.

Cuisine Corner: Food is our Greatest Medicine – A Chef's Perspective on Eating for a Delicious Life

South Trail Branch, 4600 S. Orange Blossom Trail

Monday, September 17, 6:30 p.m.

Edgewater Branch, 5049 Edgewater Drive

Wednesday, September 26, 11 a.m.

Learn how to make healthy Latin inspired food in honor of Hispanic Heritage Month. Chef Rich will debunk the myth that healthy food is expensive, inspire you to save money and educate you on cooking techniques that produce quick healthy delicious meals. To learn more about Chef Rich, visit 1pl8.com. Space is limited. Registration required. Register online at ocls.info or call 407.835.7323.

Spanish Cuisine: More than Just Spice

Herndon Branch, 4324 E. Colonial Drive

Monday, September 17, 6:30 p.m.

In celebration of Hispanic Heritage Month, join Chef Warren Caterson as he demonstrates how to create healthy meals from various regions of Spain using local and easy to source ingredients. For more information about Chef Warren, visit chefwarrencaterson.com.

Immunity Boosting Powers of Tea

Southwest Branch, 7255 Della Drive

Tuesday, September 18, 6:30 p.m.

Get ready for cold and flu season by learning about the immunity boosting powers of tea. Join Karon Cannon of Tea Craze to explore the benefits that drinking tea has on your health and enjoy a tasting of immunity boosting teas and herbs. Space is limited.

Cuisine Corner: Healthy Hispanic Dishes

Eatonville Branch, 200 E. Kennedy Blvd., Eatonville

Thursday, September 27, 6 p.m.

Yamira Lee Johnson, head chef and founder of Breaking Bread with Mira and certified holistic life coach, will demonstrate how to create healthy Hispanic dishes. Learn to incorporate healthy dishes that are delicious into your diet. For more information about Breaking Bread with Mira, visit breakingbreadwithmira.com. Space is limited. Registration required. Register online at ocls.info or please call 407.835.7323.

Cuisine Corner: Tortillas from Scratch!

Orlando Public Library, Cypress Room, 101 E. Central Blvd.

Thursday, September 27, 6:30 p.m.

Learn how to make tortillas from scratch. Library staff will discuss recipes and demonstrate the making of a homemade tortilla. Space is limited. Registration required. Register online at ocls.info or call 407.835.7323.

Little Chef: Pumpkin Patch

Orlando Public Library, 101 E. Central Blvd.

Friday, September 28, 11 a.m.

You're never too young to start in the kitchen! Bring your little one to learn cooking skills such as kitchen safety, layering, measuring, smearing, tasting and presentation as you interact with a delicious recipe. This class is a "Mommy or Daddy and me" event. Registration required. Recommended for preschoolers.

Cuisine Corner Junior: Latin Flavors

Alafaya Branch, 12000 E. Colonial Drive

Saturday, September 29, 11:30 a.m.

Enjoy easy-to-make snacks to celebrate Hispanic Heritage Month! Ages 8–18. Registration required.

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