

Next Chapter

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Storytime for Grownups!

North Orange Branch

Mondays, April 3 & 17, 2 p.m.

Orlando Public Library, Albertson Room

Wednesdays, April 5 & 19, 2 p.m.

Chickasaw Branch

Mondays, April 10 & 24, 2 p.m.

West Oaks Branch

Tuesdays, April 11 & 25, 2 p.m.

Why should kids have all the fun? Come to the library and enjoy a story or activity as our talented library storytellers entertain ages 18 and up! Each branch will have a unique storytime. Be sure to check out your local branch for event details.

Comprendiendo los beneficios del Seguro Social

Southeast Branch

martes, 4 de abril, 6 p.m.

North Orange Branch

martes, 18 de abril, 6 p.m.

Chickasaw Branch

miercoles, 19 de abril, 3 p.m.

El Seguro Social toca la vida de cada persona en America. El Seguro Social ayuda a las personas mayores, a los trabajadores incapacitados, y a las familias en que un cónyuge o padre ha fallecido. Con beneficios de jubilación, incapacidad, y viudez, ayudamos a mejorar la vida de millones de personas. Obtener el sueño de una jubilación confortable es más fácil cuando se planifican asuntos financieros. Descubre tus beneficios en SeguroSocial.gov.

Understanding your Social Security Benefits

Southeast Branch

Tuesday, April 4, 5 p.m.

Winter Garden Branch

Monday, April 10, 5 p.m.

Eatonville Branch

Tuesday, April 11, 5 p.m.

North Orange Branch

Tuesday, April 18, 5 p.m.

Chickasaw Branch

Wednesday, April 19, 2 p.m.

West Oaks Branch

Tuesday, April 25, 5 p.m.

Social Security touches the lives of every American. With retirement, disability and survivors benefits, Social Security improves the quality of life for millions, keeps the elderly out of poverty, and provides vital aid to our wounded warriors. Achieving the dream of a secure, comfortable retirement is much easier when you plan your finances. Topics covered in this seminar include retirement benefits, survivor benefits, disability benefits and Medicare. Discover your benefits at SocialSecurity.gov.

What You Should Know About Senior Living Options

Southwest Branch

Wednesday, April 5, 10:30 a.m.–12:30 p.m.

Presenters from local communities will discuss senior and active adult lifestyles. It is an opportunity to understand what each living option offers and what type of community may best fit your needs as you grow older. Part of the Smarter Senior Seminar Series. Sponsored by Mike Flahaven, Certified Senior Housing Professional, Keller Williams Realty. Light refreshments will be served. Registration required. To register, call Mike Flahaven at 407.340.5291. yourfloridahaven.com.

Introduction to Pilates for Seniors

Southeast Branch

Tuesdays, April 11 & 25, 2 p.m.

Learn simple moves that will work your muscles, help alignment and encourage flexibility. Comfortable exercise or loose-fitting clothing required. Yoga mats are encouraged. Space is limited. Register online at ocls.info/nextchapter or call 407.835.7323.

How Technology Can Help Frail Elders Stay Safe in Their Homes

Orlando Public Library, Albertson Room

Thursday, April 20, 12:10 p.m.

Explore different technologies that are available to help you stay safe in your own home. This seminar is part of the LIFE Information for Elders series presented by the Orange County's Commission on Aging. Call 407.836.7446 or email officeonaging@ocfl.net to register. A small lunch is provided to the first 50 people to RSVP.