

# Modern Parenting

[ocls.info/modern-parenting](http://ocls.info/modern-parenting)

## **Picky Eaters Can Learn to Love Veggies, too!**

Winter Garden Branch

*Tuesday, June 6, 2 p.m.*

Join Dr. Jamelah Tucker and Dr. Dorielle Price to learn about vegetable palate priming and get tips on tackling picky eating; then take part in an open panel discussion on challenges and solutions. Sample EasyPeasie with your little one. For more information, visit [easypeasie.com](http://easypeasie.com).

## **Empowering Kids Through Water Safety**

Windermere Branch

*Thursday, June 15, 6 p.m.*

South Creek Branch

*Tuesday, June 20, 6 p.m.*

Water safety is essential as drowning is the leading cause of death in children under 5. The British Swim School will teach you and your child the steps necessary to ensure water activities are safe activities. Learn about adult supervision, teaching kids to swim, how to respond in an emergency and prevent accidental drowning. Have a great time with fun songs and activities! For more information, visit [britishswimschool.com](http://britishswimschool.com).

## **Eating a Variety of Fruits and Vegetables**

West Oaks Branch

*Tuesday, June 20, 11 a.m.*

Learn the importance of eating a variety of fruits and vegetables and the benefits of including them in your diet. Presented by the UF/IFAS Extension Orange County. Seats are limited. To register, visit [ocls.info](http://ocls.info) or call 407.835.7323.