



For more information, contact:

Erin Sullivan, Public Relations Administrator

407-835-7480

sullivan.erin@ocls.info

Learn to be a master on the grill, create sweet summer desserts and more summertime library foodie fun

On July 18, Chef Warren visits the Winter Garden Library to teach you to enhance your grilling techniques during the two-part series, Cooking Outside: Turn Your Patio into a Gourmet Restaurant. During the first class, he will share his recipe for a delicious flat-iron steak with honey and balsamic vinegar. A book sale and signing follows the event.

On July 26, stop by the Orlando Public Library for Refreshing Summer Desserts. Get the recipe for deliciously sweet treats perfect for summertime.

If you have any questions about the events or information shared below, please feel free to contact us as 407-835-7323. You can also check for more food-related library events online at www.ocls.info/cuisinecorner.

Tea & Conversation

South Creek Branch, 1702 Deerfield Blvd.

Sunday, July 8, 2–4 p.m.

Interested in meeting new people and building exciting friendships? Join us for a meet up that will help break the ice and expand your circle of friends. This monthly social is designed to bring individuals together through tea, conversation, cooperative gameplay and interactive media.

Cuisine Corner: Sugar Shock

Winter Garden Branch, 805 E. Plant St., Winter Garden

Tuesday, July 10, 3 p.m.

It's easy to exceed the recommended amount of sugar intake per day. Ever wonder how much sugar is in

common drinks? Learn what to look out for and boost your brain power by reducing your sugar intake. Seats are limited.

Food is Our Greatest Medicine: A Chef's Perspective on Eating for a Delicious Life

Southeast Branch, 5575 S. Semoran Blvd.

Monday, July 16, 6:30 pm

Hiawasse Branch, 7391 W. Colonial Drive

Saturday, July 28, 11 a.m.

Chef Rich will debunk the myth that healthy food is expensive, inspire you to save money and educate you on cooking techniques that produce quick, healthy and delicious meals. Space is limited. Registration required. To learn more about Chef Rich, visit 1PL8.com.

Cuisine Corner: Simple Summer Meals

Washington Park Branch, 5151 Raleigh St., Suite A.

Tuesday, July 17, 6 p.m.

Alafaya Branch, 12000 E. Colonial Drive

Tuesday, July 24, 6:30 p.m.

Beat the heat with a summer friendly meal. Yamira Lee Johnson, head Chef and founder of Breaking Bread with Mira and certified holistic life coach, will demonstrate how to make an easy, delicious packed lunch to go. For more information about Breaking Bread with Mira, visit breakingbreadwithmira.com. Space is limited. Registration required.

Cuisine Corner: From Pages to Plate

Orlando Public Library, Cypress Room, 101 E. Central Blvd.

Wednesday, July 18, 6 p.m.

Did you know the hit television show *Game of Thrones* was inspired by fantasy novel series *A Song of Fire & Ice* by George R. R. Martin? In honor of the Great American Read, Chef Farah Davids recreates a cod fish recipe inspired by these classic novels. Space is limited. Registration required.

Cooking Outside: Turn Your Patio into a Gourmet Restaurant

Winter Garden Branch, 805 E. Plant St., Winter Garden

Wednesday, July 18, 6:15 p.m.

Join Chef Warren Caterson as he shares tips and hints to elevate your grilling from 'ho-hum' to 'oh my!' Whether its steaks, chicken, veggies or dessert, learn the secrets of the great grilling masters. In this two-part series, he will demonstrate how to make his recipe for flat iron steak with honey and balsamic vinegar. On Wednesday, August 22, join us for part two, featuring grilled shrimp. Book sale and signing to follow event. For more information on Chef Warren, visit chefwarrencaterson.com.

Cuisine Corner: One Meal, One Pot

Herndon Branch, 4324 E. Colonial Drive

Wednesday, July 18, 6:30 p.m.

Not enough time to cook or just don't like to? One pot meals are easy to make. Join Chef Karen Ross of Karen's Creative Cuisines and as she demonstrates how to make barbecue beef with pasta as well as dark

chocolate with golden raisins and almonds. Who's hungry?

Cuisine Corner: Floridian Cuisine

Windermere Branch, 530 Main St., Windermere

Thursday, July 19, 6 p.m.

Join Chef Warren Caterson as he shows you how to prepare a variety of quick and healthy meals using seafood, poultry and meat with locally grown fruits and vegetables. Book sale and signing to follow event. For more information on Chef Warren, visit chefwarrencaterson.com.

Cuisine Corner: Eating a Variety of Fruits and Vegetables

South Creek Branch, 1702 Deerfield Blvd.

Wednesday, July 25, 3 p.m.

Learn the importance of eating a variety fruits and vegetables and the benefits of including them in your diet. Presented by the UF/IFAS Extension Orange County. Seats are limited.

Cuisine Corner: Refreshing Summer Desserts

Orlando Public Library, Cypress Room, 101 E. Central Blvd.

Thursday, July 26, 6:30 p.m.

Cool off and indulge this summer with these refreshing desserts. Library staff will demonstrate how to make how to make revitalizing sweet treats. Space is limited. Registration required.

Little Chef: A Full Scoop

West Oaks Branch, 1821 E. Silver Star Road., Ocoee

Thursday, July 26, 2 p.m.

Winter Garden Branch, 805 E. Plant St., Winter Garden

Saturday, July 28, 2:30 p.m.

I scream, you scream, we all scream for ICE CREAM! Let's mix and sprinkle fun toppings to make a delicious treat to keep us cool. This is a "Mommy or Daddy and Me" event. Ages 3-5.

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