



For more information, contact:

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January library events: Health and Wellness Fair, human-trafficking awareness events and more

The Orange County Library System wants to help you ring in the New Year with events that are good for your mind, body and community. On January 16, the South Creek Branch hosts a program designed to raise awareness about human trafficking with a screening of the docudrama *Trapped in the Trade*, followed by a discussion designed to give people tips for how to recognize signs of human trafficking. **This program will be presented in Spanish.**

On January 27 the West Oaks Branch hosts a Family Health & Wellness Fair, featuring presenters who will offer exercise and nutritional advice for the whole family, as well as tips for adopting healthier lifestyle habits. See complete details below.

If you have questions about the events or information shared below, contact the library at 407-835-7323. You can also check for more library events online at www.ocls.info.

Tertulia Cuatro Gatos / Spanish Book Club

South Creek Branch, 1702 Deerfield Blvd.

miércoles, 6:30 p.m.

Southeast Branch, 5575 S. Semoran Blvd.

jueves, 6:30 p.m.

Windermere Branch, 530 Main St., Windermere

martes, 9 de enero, 6:30 p.m.

Edgewater Branch, 5049 Edgewater Drive

jueves, 18 de enero, 6:30 p.m.

Chickasaw Branch, 870 N. Chickasaw Trail

martes, 2 de enero, 6:30 p.m.

Ven y asiste a la sucursal más cercana a ti para que compartas y discutas poesías, literatura, arte o historia! Todos son bienvenidos.

Tertulia Cuatro Gatos / Spanish Book Club

South Creek Branch, 1702 Deerfield Blvd.

Wednesdays, 6:30 p.m.

Southeast Branch, 5575 S. Semoran Blvd.

Thursdays, 6:30 p.m.

Windermere Branch, 530 Main St., Windermere

Tuesday, January 9, 6:30 p.m.

Edgewater Branch, 5049 Edgewater Drive

Thursday, January 18, 6:30 p.m.

Chickasaw Branch, 870 N. Chickasaw Trail

Tuesday, January 2, 6:30 p.m.

Join this Spanish-language book club to discuss literature, art, music and more. All are welcome.

K Ready!

Chickasaw Branch, 870 N. Chickasaw Trail

Wednesdays, January 3–February 21, 11 a.m.

Windermere Branch, 530 Main St., Windermere

Mondays, January 22–March 12, 10:30 a.m.

This eight-part series readies preschool children to excel in kindergarten through creative play, cooperative learning and activities that stimulate the imagination! Ages 4–5. This series introduces important concepts and skills that align with the Florida Early Learning and Developmental Standards for Four-Year-Olds. In order to fully experience this series, register and attend all eight sessions. Call 407.835.7323 or visit ocls.info/kready for more information.

Improve Your English Reading Workshop

Hiawassee Branch, 7391 W. Colonial Drive

Wednesdays, January 3–31, 6–8 p.m.

Southwest Branch, 7255 Della Drive

Thursdays, January 4–25, 1–3 p.m.

Improve your English conversational skills, vocabulary, pronunciation and comprehension by reading a book. This event is presented through a partnership between the Orange County Library System and the Adult Literacy League Inc. Walk-ins welcome. For more information, call 407.422.1540 or visit adulteracyleague.org.

Cuentame un Cuento: Tell Me a Story Bilingual Stories and Fun

Chickasaw Branch, 870 N. Chickasaw Trail

Friday, January 5, 11 a.m.

Enjoy bilingual stories and crafts for children. The library provides an interactive storytime in English and Spanish suitable for speakers of either or both languages. The whole family is welcome.

So You Think You Can Latin Dance?

Edgewater Branch, 5049 Edgewater Drive

Thursdays, January 11 & 25, 6:30 p.m.

Join us for a beginners look at popular Latin dances like Salsa, Merengue and Bachata. Both chicos y chicas will have a great time learning new ways to move to the music.

Good Morning Yoga

South Creek Branch, 1702 Deerfield Blvd.

Saturday, January 13, 11 a.m.

Wake up with us! Children and caregivers will engage in the art of yoga. Please wear comfortable clothing and bring a yoga mat or towel. Ages 4–10.

Prisioneros de la trata: Película y discusión

South Creek Branch, 1702 Deerfield Blvd.

Martes, 16 de enero, 6:30–8:30 p.m.

Paving the Way Foundation presentará el docudrama *Prisioneros de la Trata*, que trae a la luz el mundo de la trata de personas. El docudrama es convincente, persuasivo y sumamente humano. Muestra la realidad de los peligros desconocidos en las relaciones y el encanto de formar parte del grupo. También ofrece esperanzas, dándote el ánimo y la fuerza para actuar. Se recomienda para niños de 12 años o más con supervisión de los padres. Se tocarán temas delicados.

Family Health & Wellness Fair

West Oaks Branch, 1821 E. Silver Star Road., Ocoee

Saturday, January 27, 1–3 p.m.

Celebrate the New Year with a new you! Families are invited to join us for a day of health and wellness. Discover some health and wellness tips, nutritional information and how to start a new workout routine. We have all you will need to jump start a new you for the New Year!

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