

Cuisine Corner

Registration is required for Cuisine Corner. Space is limited. Register online at ocls.info/cuisinecorner or call 407.835.7323.

Home-Cooked Diets for Dogs

Orlando Public Library, Cypress Room

Wednesday, May 3, 6:15 p.m.

Rick's Dog Deli will demonstrate how to prepare custom meals for dogs using breed-specific or therapeutic formulations. Formulations may be tailored to meet your dog's individual needs or to support ailments such as diabetes, obesity, pancreatitis and cancer. Space is limited. Register online at ocls.info or call 407.835.7323.

Asian Spring Rolls

Southeast Branch

Wednesday, May 10, 7 p.m.

Washington Park Branch

Wednesday, May 17, 6 p.m.

Eatonville Branch

Saturday, May 20, 11 a.m.

Edgewater Branch

Wednesday, May 24, 7 p.m.

Local chef and author Ha Roda will share tips on making the perfect spring roll. The spring roll is similar to the summer roll in that everything is boiled, healthy and fresh. Take part in this interactive program and make your own spring roll! Presented in honor of Asian Pacific American Heritage Month. Space is limited. Registration required.

Amp Up Your Breakfast

Orlando Public Library, Cypress Room

Thursday, May 11, 6:30 p.m.

Take your breakfast to the next level with these delectable dishes, presented by library staff. Space is limited. Registration required.

Kitchen Apothecary

Orlando Public Library, Cypress Room

Monday, May 15, 6:30 p.m.

Learn to transform your well-being with everyday herbs and spices. Join Karon Cannon of Tea Craze LLC as she share tips and tricks using healing herbs and spices and enjoy a demonstration on how to make dandelion pesto. Space is limited. Registration required.

Choosing Whole Grains

West Oaks Branch

Tuesday, May 16, 11 a.m.

Learn the importance of eating whole grains as we discuss the health benefits of including whole grain and whole wheat in your diet. This class will teach you to identify whether or not a product is whole grain by learning to read labels. Space is limited. Registration required.

One Pot Stir Fried Rice

Chickasaw Branch

Saturday, May 20, 2 p.m.

Yamira Lee Johnson, head chef and founder of Breaking Bread with Mira and certified holistic life coach, will demonstrate how to create delicious meals using a wok. Learn to make stir fried rice, a simple but tasty dish you can even make with leftovers. For more information about Breaking Bread with Mira, visit bbwmira.com. Space is limited. Registration required.

Creative Indian Cooking

Orlando Public Library, Cypress Room

Monday, May 22, 6:15 p.m.

Get creative in the kitchen blending American produce with Indian spices to create a delicious meal. Join certified Holistic Health Coach Shahnaz Nensey as she shows you easy recipes that are perfect for the novice or confident cook. For more information, visit swaasta.com. Space is limited. Registration required.

Rice Paper

Orlando Public Library, Cypress Room

Tuesday, May 23, 6:15 p.m.

Learn the basics of making rice paper from local chef and author Ha Roda. The ingredients are simple: rice, water and optional tapioca starch. From the same ingredients and instructions, you can also make rice noodles, steamed rice cakes and many other delicious Vietnamese cuisines. Presented in honor of Asian Pacific American Heritage Month. Space is limited. Registration required.

Choosing Healthy Snacks

North Orange Branch

Tuesday, May 23, 4 p.m.

Learning to choose and identify healthy snacks can be a daunting process. This workshop will teach you all you need to know to make the best choice for you and your family. Space is limited. Registration required.

CC Jr.

Cuisine Corner Junior: Snack Attack

Orlando Public Library

Wednesday, May 3, 2:30 p.m.

Who says you can't have sushi for dessert? Our Publix Aprons Chefs will guide you to think outside the box when it comes to playing with your food! Ages 8–18.

Cuisine Corner Junior: Fruit Salsa 'n Cinnamon Chips

Washington Park Branch

Monday, May 15, 5 p.m.

South Trail Branch

Thursday, May 18, 4:30 p.m.

North Orange Branch

Wednesday, May 24, 5:30 p.m.

Orlando Public Library

Thursday, May 25, 3:15 p.m.

Turn your fruit into your next summer hit. Learn to create fruit salsa and sweet chips to share. Ages 8–18.