

Cuisine Corner

Registration is required for Cuisine Corner. Space is limited. Register online at ocls.info/cuisinecorner or call 407.835.7323.

The Pastrami Project

Orlando Public Library, Cypress Room

Wednesday, July 12, 6:30 p.m.

Local food truck owner George Markward of the Pastrami Project will share recipes and techniques on how to recreate your favorite traditional delicatessen breakfast dishes. The Pastrami Project's dedication to bringing old world delicatessen flavor to Orlando has been featured on *Diners, Drive-Ins and Dives*. For more information on The Pastrami Project visit pastramiproject.com.

Juicing: Cutting Edge Health in a Bottle

Orlando Public Library, Cypress Room

Monday, July 17, 6:30 p.m.

Join Evelyn Redcross of Evelyn's TO GO as she shares tips on the art of juicing. Learn the difference between "clean" eating and "green" juicing, the health benefits of juicing, what fruits and veggies are the best to juice and much more! Enjoy a juice tasting for a refreshing treat.

Lasagna

South Trail Branch

Monday, July 17, 6:30 p.m.

Washington Park Branch

Saturday, July 29, 11 a.m.

Celebrate National Lasagna Day by learning how to make the delectable dish. Yamira Lee Johnson, head chef and founder of Breaking Bread with Mira and certified holistic life coach, will demonstrate how to create traditional lasagna and a veggie version that is a true crowd favorite. For more information about Breaking Bread with Mira, visit bbwmira.com. Space is limited. Registration required.

Lean Proteins for Optimal Health

South Creek Branch

Tuesday, July 18, 6 p.m.

Learn to make smarter choices when going out to eat, such as choosing healthier options on a fast food menu for optimal health. Seats are limited.

Backyard Bites Featuring Chef Jenn

Orlando Public Library, Cypress Room

Wednesday, July 19, 6:15 p.m.

Jamaican style jerk BBQ jackfruit sliders with pineapple slaw will be the perfect addition to your summer backyard get together. Chef Jenn of dajeneats.com shows you how to master the amazingly meaty, nutrient packed wonder food, jackfruit. You'll be transported to the islands with the earthy, spicy flavors of jerk sauce combined with sweet and smoky barbecue. How "irie" is that?

Floridian Cuisine

West Oaks Branch

Wednesday, July 19, 6:30 p.m.

Personal chef and author, Warren Caterson will showcase quick and healthy meals using local ingredients. Learn to create delicious meals using a variety of seafood, poultry and meat with locally grown fruits and vegetables. Book sale and signing to follow event. For more information visit chefwarrencaterson.com.

Ten Meals in Ten Minutes

North Orange Branch

Tuesday, July 25, 6:30 p.m.

Personal chef and author, Warren Caterson will show you how to create perfect entrees for any weeknight, featuring 10 healthy and delicious entrees that you can prepare in 10 minutes using ingredients you probably already have in your kitchen. Book sale and signing to follow event. For more information visit chefwarrencaterson.com.

Cuisine Corner Junior

ocls.info/cuisinecornerjr

Cuisine Corner Junior: Lemonade Crave

Alafaya Branch

Sunday, July 2, 2 p.m.

Orlando Public Library

Saturday, July 8, 2 p.m.

West Oaks Branch

Tuesday, July 18, 3 p.m.

North Orange Branch

Saturday, July 29, 2 p.m.

Get your hands on the next best lemonade recipe that will satisfy your summer craving. Ages 8–12. Seating is limited. Registration recommended.