

Cuisine Corner

Registration is required for Cuisine Corner. Space is limited. Register online at ocls.info/cuisinecorner or call 407.835.7323.

Summer Teas

Winter Garden Branch

Tuesday, June 6, 6:30 p.m.

Edgewater Branch

Monday, June 12, 6:30 p.m.

South Creek Branch

Tuesday, June 13, 6:30 p.m.

Orlando Public Library, Cypress Room

Tuesday, June 20, 6:30 p.m.

Join Karon Cannon of Tea Craze as she shares all about tea. Learn the history, types and health benefits of tea, as well as some of Karon's new summer blends. Enjoy an iced-tea tasting and tips on brewing the perfect cup of tea in honor of National Iced Tea Month. Registration required.

No Cook Meals

Washington Park Branch

Thursday, June 8, 6:30 p.m.

Tired of cooking but still looking to eat healthy? Library staff will show you how to make a quick and easy no-cook meal that tastes good and is good for you. Space is limited. Registration required.

Unique Healthy Meals and Snacks

Hiwassee Branch

Saturday, June 17, 11 a.m.

Yamira Lee Johnson, certified holistic life coach and head chef and founder of Breaking Bread with Mira, demonstrates how to create delicious meals using a wok. Learn to make stir-fried rice, a simple but tasty dish you can even make with leftovers. For more information about Breaking Bread with Mira, visit bbwmira.com. Space is limited. Registration required.

Food 101: Meat

Orlando Public Library, Albertson Room

Wednesday, June 28, 6:30 p.m.

The Food 101 series introduces you to a new topic every month, examining the historical and social significance of what we eat. In June, learn about different cuts of meat and when and how animals were domesticated. Samples limited, registration required.

Cuisine Corner Junior

ocls.info/cuisinecornerjr

Cuisine Corner Junior – Lemonade Crave

Washington Park Branch

Wednesday, June 7, 4 p.m.

Windermere Branch

Thursday, June 8, 3 p.m.

Southeast Branch

Saturday, June 10, 3 p.m.

Eatonville Branch

Thursday, June 22, 2:30 p.m.

Southwest Branch

Monday, June 26, 3 p.m.

Winter Garden Branch

Thursday, June 29, 6:30 p.m.

Get your hands on the next best lemonade recipe that will satisfy your summer craving. Ages 8–12.

Cuisine Corner Junior: Snacks 2 Go!

Orlando Public Library

Thursday, June 29, 2:30 p.m.

Learn how to mix up delicious snacks for those summer road trips and long water days. Seating is limited.

Registration required. Ages 8–18.