

## Cuisine Corner

Registration is required for Cuisine Corner. Space is limited. Register online at [ocls.info/cuisinecorner](https://ocls.info/cuisinecorner) or call 407.835.7323.

### **Mofongo!**

Orlando Public Library, Cypress Room

*Tuesday, October 3, 6:30 p.m.*

Yamira Lee Johnson, head chef and founder of Breaking Bread with Mira and certified holistic life coach, will demonstrate how to make mofongo, a Puerto Rican dish with fried plantains as its main ingredient. For more information about Breaking Bread with Mira, visit [bbwmira.com](https://bbwmira.com). Space is limited. Registration required.

### **Tostones!**

Southeast Branch

*Tuesday, October 10, 6:30 p.m.*

Yamira Lee Johnson, head chef and founder of Breaking Bread with Mira and certified holistic life coach, will demonstrate how to make tostones. For more information about Breaking Bread with Mira, visit [bbwmira.com](https://bbwmira.com). Space is limited. Registration required.

### **Immunity Boosting Powers of Tea**

Winter Garden Branch

*Tuesday, October 10, 6:30 p.m.*

Windermere Branch

*Thursday, October 26, 6:30 p.m.*

Get ready for cold and flu season by learning about the immunity boosting powers of tea. Join Karon Cannon of Tea Craze to explore the benefits that drinking tea has on your health and enjoy a tasting of immunity boosting teas and herbs. Space is limited. Registration required.

### **Food 101: Fish**

Orlando Public Library, Albertson Room

*Wednesday, October 25, 6:30 p.m.*

The Food 101 series introduces you to a new topic every month, examining the historical and social significance of what we eat. In October, learn about different kinds of saltwater and freshwater fish and how they're consumed around the world. Samples limited, registration required.

## Cuisine Corner Junior

[ocls.info/cuisinecornerjr](https://ocls.info/cuisinecornerjr)

### **Cuisine Corner Junior: A Taste of Fall**

Orlando Public Library

*Thursday, October 12, 3:15 p.m.*

Experience the flavors of fall as we demonstrate a recipe for mouthwatering pumpkin chocolate chip bars. Space is limited. Registration required. Ages 8–18. Registration required.

### **Cuisine Corner Junior: Halloween Cupcake Decorating**

North Orange Branch

*Thursday, October 26, 11 a.m.*

**Southeast Branch**

*Saturday, October 28, 2 p.m.*

Decorate your very own treat as we explore the delicious world of cupcakes! Space is limited. Registration required. Ages 8–18.