



Chef Yamira Lee Johnson leads programs on Healthy Hispanic Dishes during Hispanic Heritage Month at the library.
(photo credit: Amanda Murphy)

Celebre el Mes de la Herencia Hispana

27 de agosto 2018. – En Orlando, mas del 25% de la comunidad son hispanos. Del 15 de septiembre al 15 de octubre, la Biblioteca celebrará el mes de la Hispanidad con eventos para toda la familia. El 27 de septiembre en la biblioteca de Downtown, Cuisine Corner acoge varios programas de cocina que se especializan en formas saludables para preparar algunos de nuestros platos favoritos como tortillas desde cero. Varias sucursales a través de la ciudad anfitriona actuaciones de baile incluyendo el grupo Flamenco Alborea.

Varios eventos de arte se centran en la rica cultura e historia de México, incluyendo a la mundialmente famosa artista Frida Kahlo. Los adolescentes y los jóvenes pueden crear su propia versión del arte popular Mexicano. El 6 de octubre, la biblioteca de downtown acogerá al Dr. José Manuel García, autor de las Voces del Mariel, donde comparte su experiencia durante la adolescencia en Cuba el 1980. Después de su discusión tendremos una proyección del documental las Voces del Mariel.

Celebre el mes de la herencia hispana en la biblioteca del 15 de septiembre al 15 de octubre.

Celebrate With Dance

Orlando Public Library, Library Central, 101 E. Central Blvd.

Saturday, September 15, 11 a.m.

South Creek Branch, 1702 Deerfield Blvd.

Saturday, September 22, 2 p.m.

Hiawassee Branch, 7391 W. Colonial Drive

Saturday, September 29, 11 a.m.

Southwest Branch, 7255 Della Drive

Monday, October 15, 2 p.m.

Disfrute de una animada actuación de bailes folclóricas españolas por Alborea Dances.

So, You Think You Can Latin Dance?

Herndon Branch, 4324 E. Colonial Drive

Saturday, September 15, 2:30 p.m.

(Presentado en inglés) Celebrate Hispanic Heritage Month at Herndon! Journey to Puerto Rico, Cuba, Colombia and the Dominican Republic through dance & music. Learn step-by-step how to salsa, merengue, cumbia and bachata!

Spanish Cuisine: More than Just Spice

Herndon Branch, 4324 E. Colonial Drive

Monday, September 17, 6:30 p.m.

Chickasaw Branch, 870 N. Chickasaw Trail

Tuesday, October 2, 6:30 p.m.

Southeast Branch, 5575 S. Semoran Blvd.

Tuesday, October 9, 6:30 p.m.

(Presentado en inglés) In celebration of Hispanic Heritage Month, join Chef Warren Caterson as he demonstrates how to create healthy meals from various regions of Spain using local and easy to source ingredients. For more information about Chef Warren, visit chefwarrencaterson.com.

Cuisine Corner: Food is our Greatest Medicine – A Chef's Perspective on Eating for a Delicious Life

South Trail Branch, 4600 S. Orange Blossom Trail

Monday, September 17, 6:30 p.m.

Edgewater Branch, 5049 Edgewater Drive

Wednesday, September 26, 11 a.m.

(Presentado en inglés) Learn how to make healthy Latin inspired food in honor of Hispanic Heritage Month. Chef Rich will debunk the myth that healthy food is expensive, inspire you to save money and educate you on cooking techniques that produce quick healthy delicious meals. To learn more about Chef Rich, visit 1p18.com. Space is limited. Registration required. Register online at ocls.info or call 407.835.7323.

Mexican Folk Art

South Trail Branch, 4600 S. Orange Blossom Trail

Wednesday, September 19, 4:30 p.m.

Windermere Branch, 530 Main St., Windermere

Saturday, September 22, 11 a.m.

Washington Park Branch, 5151 Raleigh St., Suite A.

Monday, September 24, 4:30 p.m.

Eatonville Branch, 200 E. Kennedy Blvd., Eatonville

Tuesday, September 25, 4 p.m.

Winter Garden Branch, 805 E. Plant St., Winter Garden

Wednesday, September 26, 3:30 p.m.

(Presentado en inglés) Celebrate Mexican Independence Day and the start of Hispanic Heritage Month by creating your own craft honoring Mexican folk art. Recommended for tweens and teens.

Mexican Danza

Chickasaw Branch, 870 N. Chickasaw Trail

Wednesday, September 19, Noon

Orlando Public Library, Library Central, 101 E. Central Blvd.

Sunday, September 23, 2 p.m.

Southeast Branch, 5575 S. Semoran Blvd.

Saturday, October 13, 2 p.m.

Únase a nosotros y celebre el mes de la herencia hispana con un baile mexicano. Disfrute de disfraces coloridos y música tradicional mexicana.

Art 101: Frida Kahlo

Orlando Public Library, Cypress Room, 101 E. Central Blvd.

Wednesday, September 26, 6:30 p.m.

(Presentado en inglés) Famed Mexican artist Frida Kahlo is well known for herself portraits and surrealist style. Her paintings incorporated her life experiences, Mexican folk culture, bold colors and feminist themes. Celebrate Hispanic Heritage Month by learning about the fascinating life of this artist and enjoy a hands on activity inspired by her art. Registration Required. Register online at ocls.info or call 407.835.7323. This program is intended for an audience 15 years of age and older.

Cuisine Corner: Healthy Hispanic Dishes

Eatonville Branch, 200 E. Kennedy Blvd., Eatonville

Thursday, September 27, 6 p.m.

Hiawasse Branch, 7391 W. Colonial Drive

Thursday, October 11, 6:30 p.m.

(Presentado en inglés) Yamira Lee Johnson, head chef and founder of Breaking Bread with Mira and certified holistic life coach, will demonstrate how to create healthy Hispanic dishes. Learn to incorporate healthy dishes that are delicious into your diet. For more information about Breaking Bread with Mira, visit breakingbreadwithmira.com. Space is limited. Registration required. Register online at ocls.info or please call 407.835.7323.

Cuisine Corner: Tortillas from Scratch!

Orlando Public Library, Cypress Room, 101 E. Central Blvd.

Thursday, September 27, 6:30 p.m.

(Presentado en inglés) Learn how to make tortillas from scratch. Library staff will discuss recipes and demonstrate the making of a homemade tortilla. Space is limited. Registration required. Register online at ocls.info or call 407.835.7323.

Southwest Art Club – Mexican Folk Art Painting with Pastels Workshop

Southwest Branch, 7255 Della Drive

Saturday, September 29, 10 a.m.–1 p.m.

(Presentado en inglés) Enjoy this step-by-step workshop using pastels to complete a piece in the style of Mexican folk art. Materials are provided or bring your own. No art experience needed. This is a Community School of the Arts program presented by Women in the Arts Inc. in partnership with the Orange County Library System. To learn more about Women in the Arts Inc., visit womenintheartsinc.org. Suggested \$15 donation for materials. Cash or checks made to Women in the Arts Inc. Registration required. Limited space. Ages 18 and up.

Cuisine Corner Junior: Latin Flavors

Alafaya Branch, 12000 E. Colonial Drive

Saturday, September 29, 11:30 a.m.

(Presentado en inglés) Enjoy easy-to-make snacks to celebrate Hispanic Heritage Month! Ages 8–18. Registration required.

Tropical Latin Jazz

Orlando Public Library, Library Central, 101 E. Central Blvd.

Sunday, September 30, 2 p.m.

(Presentado en inglés) Celebrate Hispanic Heritage Month with the tropical sounds of Caramba Productions. The performance will include Latin jazz standards, salsa, merengue, Cuban music and more.

Celebrate Through Films

Orlando Public Library, Albertson Room, 101 E. Central Blvd.

Tuesdays, October 2 & 9, 11 a.m.

(Presentado en inglés) Celebrate National Hispanic Heritage Month with films that highlight the cultures and contributions of Hispanic and Latino Americans.

***Voices from Mariel* – Oral Histories of the 1980 Cuban Boatlift**

Orlando Public Library, Library Central, 101 E. Central Blvd.

Saturday, October 6, 3 p.m.

(Presentado en inglés) Between April and September 1980, more than 125,000 Cuban refugees fled their homeland, seeking freedom from Fidel Castro's dictatorship. Dr. José Manuel García, author of *Voices from Mariel*, emigrated on the Mariel boatlift as a teenager and will discuss stories from this powerful moment in history. Following a book sale and signing, enjoy a screening of the *Voices from Mariel* documentary.

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