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Back-to-School lunch ideas the whole family can enjoy and more at the library

It's back-to-school season once again! Join us at the Hiawassee Branch on August 7 and at the North Orange Branch on August 13 for Back to School Lunch Ideas. Chef Farah Davids shares some simple kid and adult friendly lunch ideas that are both easy and healthy to make.

Then on August 22 visit the Orlando Public Library for this month's Food 101 program dedicated to potatoes and root vegetables. Learn about the various origins of root vegetables, where they are consumed and how people around the world prepare them.

If you have any questions about the events or information shared below, please feel free to contact us as 407-835-7323. You can also check for more food-related library events online at www.ocls.info/cuisinecorner.

From Pages to Plate: *Alice in Wonderland*

Orlando Public Library, Cypress Room, 101 E. Central Blvd.

Wednesday, August 1, 4 p.m.

All who wander are not lost but will find a land full of wonder. Join Chef Farah Davids for high tea as she shares classic recipes from the Lewis Carroll's *Alice in Wonderland*. There will be a game of chessboard sandwiches while sitting on toadstool treats and sipping Alice's "drink me potion" that will do all but make you shrink. Space is limited. Registration required. To register, visit ocls.info or call 407.835.7323.

Cuisine Corner: Summer Salads

South Creek Branch, 1702 Deerfield Blvd.

Thursday, August 2, 6:30 p.m.

Join Chef Karen Ross of Karen's Creative Cuisines as she demonstrates how to make a black-eyed pea salad and a carrot and cranberry salad with a ginger dressing that are sure to wow your guests at your next cookout. For more information about Karen, visit mychefkaren.com. Space is limited. Registration required.

Making Fun and Healthy School Lunches with Kids

Edgewater Branch, 5049 Edgewater Drive

Saturday, August 4, 11 a.m.

Winter Garden Branch, 805 E. Plant St., Winter Garden

Saturday, August 25, 11 a.m.

Engage with kids by teaching them to make their own healthy school lunches. Yamira Lee Johnson, head chef and founder of Breaking Bread with Mira and certified holistic life coach, will demonstrate how to make delicious recipes that are kid-friendly. Learn to make simple lunches in this hands-on demo. For more information about Breaking Bread with Mira, visit breakingbreadwithmira.com. Space is limited. Registration required. Register online at ocls.info or call 407.835.7323.

Cuisine Corner: Eating a Variety of Fruits and Vegetables

South Trail Branch, 4600 S. Orange Blossom Trail

Tuesday, August 7, 1 p.m.

Washington Park, 5151 Raleigh St., Suite A.

Thursday, August 9, 11 a.m.

Learn the importance of eating a variety fruits and vegetables and the benefits of including them in your diet. Presented by the UF/IFAS Extension Orange County. Space is limited.

Back to School Lunch Ideas

Hiawasse Branch, 7391 W. Colonial Drive

Tuesday, August 7, 4 p.m.

North Orange Branch, 1211 E. Semoran Blvd., Apopka

Monday, August 13, 6 p.m.

School is back in session! Take a seat with Chef Farah Davids for easy kid and adult friendly lunches like spaghetti salad, which can double as dinner. Wow the little ones with themed lunches like the Butterfly Basket and the Tuna Tackle Box that are sure to leave your little scholars happy, healthy and ahead of the class! Space is limited. Registration required. To register, visit ocls.info or call 407.835.7323.

Cuisine Corner Junior: Pop'T Canvas

North Orange Branch, 1211 E. Semoran Blvd., Apopka

Tuesday, August 7, 4 p.m.

West Oaks Branch, 1821 E. Silver Star Road., Ocoee

Tuesday, August 7, 5 p.m.

Windermere Branch, 530 Main St., Windermere

Thursday, August 9, 3 p.m.

Eatonville Branch, 200 E. Kennedy Blvd., Eatonville

Thursday, August 16, 4 p.m.

Herndon Branch, 4324 E. Colonial Drive

Saturday, August 25, 10:30 a.m.

Winter Garden Branch, 805 E. Plant St., Winter Garden

Saturday, August 25, 2:30 p.m.

Orlando Public Library, 101 E. Central Blvd.

Monday, August 27, 3:15 p.m.

Washington Park Branch, 5151 Raleigh St., Suite A.

Wednesday, August 29, 4:30 p.m.

Celebrate all that is special about Pop-Tart: the filling, frosting and sprinkles that dazzle our taste buds! Add your own twist as you use your imagination to make a blank canvas pop! Recommended for upper elementary, tweens and teens.

Cuisine Corner: Breakfast for Dinner

Southeast Branch, 5575 S. Semoran Blvd.

Wednesday, August 8, 6 p.m.

Who says you can't have breakfast for dinner? Join Chef Karen Ross as she demonstrates how easy it is to make a spinach and mushroom frittata, an egg based dish similar to an omelet or a crustless quiche. She will also demonstrate how to make a quick strawberry dessert using wonton wrappers. For more information about Karen, visit mychefkaren.com. Space is limited. Registration required.

Little Chef: Mickey Waffles

South Trail Branch, 4600 S. Orange Blossom Trail

Saturday, August 11, 2 p.m.

Orlando Public Library, 101 E. Central Blvd.

Thursday, August 16, 10:30 a.m.

Windermere Branch, 530 Main St., Windermere

Tuesday, August 28, 10:30 a.m.

Herndon Branch, 4324 E. Colonial Drive

Thursday, August 30, 10:30 a.m.

Have a "character breakfast" with a classic Mickey Waffle! Slice, spread and sprinkle delicious toppings for a magical treat. Bring your little one to learn cooking skills such as kitchen safety, layering, measuring, smearing, tasting and presentation as you interact with a delicious recipe. This class is a "Mommy or Daddy and me" event. Registration required. Recommended for preschoolers. This event has been generously sponsored by the 2018 Disney Grant.

Cooking Outside: Turn Your Patio into a Gourmet Restaurant

Winter Garden Branch, 805 E. Plant St., Winter Garden

Wednesday, August 22, 6:15 p.m.

Join Chef Warren Caterson as he shares tips and hints to elevate your grilling from 'ho-hum' to 'oh my!' Whether its steaks, chicken, veggies or dessert, learn the secrets of the great grilling masters. This live demo will feature grilled shrimp from his first cookbook, *Table for Two*. Book sale and signing to follow event. For more information on Chef Warren, visit chefwarrencaterson.com.

Food 101: Potatoes & Root Vegetables

Orlando Public Library, Albertson Room

Wednesday, August 22, 6:30 p.m.

The Food 101 series introduces you to a new topic every month, examining the historical and social significance of what we eat. In August, learn about potatoes and other root vegetables, and how they're consumed around the world. Samples limited, registration required.

Cuisine Corner: Boba Tea/Vietnamese Coffee

Orlando Public Library, Cypress Room, 101 E. Central Blvd.

Thursday, August 23, 6 p.m.

Local chef and author Ha Roda shares two popular drinks, boba tea and Vietnamese coffee. Enjoy a tasting while you learn about these delicious treats. Space is limited.

Little Chef: Peanut Butter & Brains?!

South Creek Branch, 1702 Deerfield Blvd.

Wednesday, August 29, 10:30 a.m.

You're never too young to get your start in the kitchen! Create a new twist on a family favorite! This is a "Mommy or Daddy and Me" event. Bring your little one to learn cooking skills such as kitchen safety, layering, measuring, smearing, tasting and presentation as you interact with a delicious recipe. Space is limited. Registration required. Recommended for preschoolers.

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