



For more information, contact:

Erin Sullivan, Public Relations Administrator

407-835-7480

sullivan.erin@ocls.info



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Paralympic Gold Medalist April Holmes shares her story at the downtown library

Orlando, Fla. – The Orange County Library System celebrates Woman’s History month by inviting 11-time international Paralympic medalist April Holmes to share her inspiring story of tragedy and triumph. On March 3 at the Orlando Public Library, Holmes speaks about her journey, from the track and field courts of Norfolk State University to competing in the 2008 Beijing Paralympic Games and winning gold.

In 2001, April Holmes was involved in a train accident which resulted in her left leg below the knee being amputated. Afterwards, a doctor told her about the Paralympic Games to spring a

new goal into perspective and a reason to be active once again. Three months later, she received her first walking prosthetic leg and the adventure began.

She has worked with countless organizations and people, including First Lady Michelle Obama on the “Let’s Move” Campaign, became the first female on the athlete roster representing The Jordan Brand, and created her own non-profit foundation, the April Holmes Foundation. Visit ocls.info for more information and a list of more events celebrating Woman’s History month.

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