



**For more information, contact:**

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### **Cuisine Corner: Re-create special recipes inspired by *Game of Thrones***

April 8-14 is National Library Week, and the library invites you to help us celebrate with a special edition of Cuisine Corner on April 9 and 11. Re-create special recipes inspired by the *Game of Thrones* novels with Chef Farah Davids in our two-part From Pages to Plates series, taking place at the Orlando Public Library.

On April 14, Chef Rich breaks down some common myths about healthy eating and the expenses that come along with it. Jot down some of his tips and cooking techniques that are sure to help save you money while allowing you to continue on your healthy eating path.

If you have any questions about the events or information shared below, or to register for an event, call the library at 407-835-7323. You can also check for more food-related library events online at [ocls.info/cuisinecorner](http://ocls.info/cuisinecorner)

#### **Cuisine Corner Junior: Mug Recipes**

West Oaks Branch, 1821 E. Silver Star Road., Ocoee

*Tuesday, April 3, 5 p.m.*

Hiawasse Branch, 7391 W. Colonial Drive

*Tuesday, April 10, 3:30 p.m.*

Winter Garden Branch, 805 E. Plant St., Winter Garden

*Saturday, April 14, 2:30 p.m.*

Washington Park Branch, 5151 Raleigh St., Suite A.

*Wednesday, April 18, 4:30 p.m.*

North Orange Branch, 1211 E. Semoran Blvd., Apopka

*Wednesday, April 18, 5:30 p.m.*

Edgewater Branch, 5049 Edgewater Drive

*Saturday, April 21, 2 p.m.*

Orlando Public Library, 101 E. Central Blvd.

*Monday, April 23, 3:15 p.m.*

Prepare for a mini-meal lesson in adulting. Quick fix recipes, all in a mug! Ages 8–18.

### **Cuisine Corner: From Pages to Plate**

Orlando Public Library, Cypress Room, 101 E. Central Blvd.

*Monday, April 9, 6:15 p.m.*

*Wednesday, April 11, 6:15 p.m.*

Did you know the hit television show *Game of Thrones* was inspired by fantasy novel series *A Song of Fire and Ice* by George R. R. Martin? In honor of National Library Week, Chef Farah Davids will recreate recipes inspired by these classic novels in a two-part, “cook your book” series. Space is limited.

Registration required.

### **Food is Our Greatest Medicine: A Chef’s Perspective on Eating for a Delicious Life**

Orlando Public Library, Cypress Room, 101 E. Central Blvd.

*Saturday, April 14, 11 a.m.*

Chef Rich will debunk the myth that healthy food is expensive, inspire you to save money and educate you on cooking techniques that produce quick, healthy and delicious meals. Space is limited.

Registration required. To learn more about Chef Rich, visit **1-dish.com**.

### **Cuisine Corner: Sugar Shock**

Southeast Branch, 5575 S. Semoran Blvd.

*Tuesday, April 17, 4 p.m.*

Winter Garden Branch, 805 E. Plant St., Winter Garden

*Thursday, April 12, 4 p.m.*

If you aren’t careful, it’s easy to exceed the recommended amount of sugar intake per day. Ever wonder how much sugar is in common drinks? Learn what to look out for and boost your brain power by reducing your sugar intake. Seats are limited. Registration required.

### **Cuisine Corner Junior: Fluffy Bunny Cakes**

Orlando Public Library, 101 E. Central Blvd.

*Wednesday, April 18, 2:15 p.m.*

As we hop into spring, what better way to welcome in the sunshine than with a bunnyrific cupcake! Come join Publix Aprons Cooking School as we show you how to turn a plain ol’ cupcake into an animal work of art that you can eat too! Ages 8–18.

### **Cookies & Milk with a Cop**

North Orange Branch, 1211 E. Semoran Blvd., Apopka

*Saturday, April 21, 10:30 a.m.*

Bring your kids to meet our local police officers for cookies and milk! This will be a great time to interact with officers in a fun and informative environment. Sponsored in part by the Apopka Police Department and Oerther McDonald’s. Ages 6–12.

**Food 101: Olive Oil**

Orlando Public Library, Albertson Room, 101 E. Central Blvd.

*Wednesday, April 25, 6:30 p.m.*

The Food 101 series introduces you to a new topic every month, examining the historical and social significance of what we eat. In April learn about olive oil and how it's consumed around the world. Samples limited. Registration required.

**Cuisine Corner: Empanadillas**

Edgewater Branch, 5049 Edgewater Drive

*Thursday, April 26, 11 a.m.*

Discover how you can make tasty empanadillas. Yamira Lee Johnson, head chef and founder of Breaking Bread with Mira and certified holistic life coach, will demonstrate how to make empanadillas. Similar to an empanada, empanadillas are lighter and baked. For more information about Breaking Bread with Mira, visit [breakingbreadwithmira.com](http://breakingbreadwithmira.com). Space is limited. Registration required.

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