

FOR IMMEDIATE RELEASE:

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Immigration Law Seminar

Southeast Branch

Saturday, May 5, 10 a.m.

Consequences of criminal convictions within the immigration context are very serious. Many immigrants are frequently under the mistaken belief that if they were convicted of a misdemeanor in criminal court, they should have no problem getting or keeping legal immigration status. This seminar will explain why some criminal convictions can bear devastating costs even to Legal Permanent Residents. This program is presented by Rivera Law Center, P.A.

North Orange Branch

Saturday, May 19, 10:30 a.m.

Attorneys from Rivera Law Center, P.A. will be on hand to share indispensable information on how to obtain a driver's license and work permit for individuals with legal immigration status. Learn the proper steps required to secure a valid state driver's license or I.D. card and a work permit to gain legal employment.

Introduction to Square Foot Gardening

Winter Garden Branch

Saturday, May 5, 10:30 a.m.

North Orange Branch

Tuesday, May 8, 6:30 p.m.

Edgewater Branch

Saturday, May 19, 10:30 a.m.

West Oaks Branch

Wednesday, May 23, 6:30 p.m.

Hiwassee Branch

Saturday, May 26, 10:30 a.m.

Learn to grow your own vegetables one square foot at a time with Ed Thralls, Orange County Urban Horticulture Extension Agent and Master Gardener Coordinator. This earth friendly gardening method uses little space, small amounts of water and fertilizers, and produces almost no weeds. Start your own small garden space and produce a large harvest in honor of *Gifts from the Garden Month*. Please call 407.835.7481 to register for this program.

Mother's Day Floral Crafts

South Creek Branch

Saturday, May 5, 11 a.m.

Herndon Branch

Saturday, May 12, 11 a.m.

Alafaya Branch

Saturday, May 12, 2 p.m.

Sarah Andriaccio of Flower Girl Designs will teach a floral design class for Mother's Day. Design a decorative fan with cascading ribbons, pearls and flowers to give to the "coolest" mother you know! To register for this program, please call 407.835.7323.

Women's Health Seminar with Dr. Jennifer Bourst

Southwest Branch

Monday, May 7, 6 p.m.

This free seminar provides information on the various natural ways to help with PMS, menopause and many other hormone-related health concerns. Presented by Dr. Jennifer Bourst of Unity Family Wellness Center. To register for this program, please call 407.835.7481.

Counsel for Caregivers

West Oaks Branch

Tuesday, May 8, 10:30 a.m.

Orlando Public Library, Albertson Room

Thursday, May 17, 12:15 p.m.

Let us lend you a helping hand of healing with your care-giving responsibilities at the Counsel for Caregivers Seminar. This month, Betsy McKeeby, R.N. and Parrish Nurse at First United Methodist Church in Winter Park, presents *Tips on Being a Savvy Health Advocate*. Presented by OCLS and Orange County's Commission on Aging. Registration required, email officeonaging@ocfl.net or call 407.836.7446 to register. Refreshments will be provided to the first 50 attendees.

Introduction to Foundation Center Resources

Orlando Public Library, Palm Room

Wednesday, May 9, 6:30 p.m.

Learn about the Foundation Center's online resources such as Grant Space (website), Foundation Grants to Individuals (database) and Foundation Directory Online - Professional (database). Find out how you may take advantage of these sources of grant information. Also save the date for our next session on June 13 at 6:30 p.m.!

Quit Smoking Now!

West Oaks Branch

Thursdays, May 10 – June 14, 11 a.m.

Get the skills necessary to become tobacco free with this six-week series presented by Central Florida Area Health Education Center, Inc. (CFAHEC). This curriculum is developed by ex-smokers for those who want to become ex-smokers themselves. Attendees receive free nicotine replacement therapy (NRT) patches. Please call 877.252.6094 to register as space is limited.

Savvy Savers

West Oaks Branch

Saturday, May 12, 11 a.m.

Do you want to save money? Join us and share coupons and savings tips with other savvy savers. We have thousands of coupons to share!

Reclaim Your Power, Recreate Your Life

Windermere Branch

Saturday, May 12, 1:30 p.m.

This three-hour workshop teaches practical tools, combining a variety of exercises and guided meditation. It is designed to create a greater awareness of the kind of life you desire. Discover the power that you have within to create the life of your dreams!

Summer Camp Fair

West Oaks Branch

Saturday, May 12, 2 p.m.

Find something fun to do with the kids this summer! Speak with representatives from a variety of local summer programs at our special Summer Camp Fair.

Five Steps to a Healthier Lifestyle Now

Herndon Branch

Tuesday, May 15, 6:30 p.m.

Southeast Branch

Thursday, May 17, 11 a.m.

Join Julie Prince of Fit Women of Orlando for a workshop on the most important, easy action steps to achieve a healthier lifestyle! Her workshop is based on the principles in the *New York Times* best-selling *Body Confidence*.

Therapeutic Spices with Shahnaz Nensey

Windermere Branch

Thursday, May 17, 6 p.m.

There are many systems used to promote healing. Learn how spices can be beneficial to your health and make your food even tastier. We will study the properties of several spices and try samples so you can taste the difference. To register for this program, please call 407.835.7481.

Learn How to Do Your Own Nail Art

West Oaks Branch

Thursday, May 24, 6 p.m.

Get your manicure ready for the holiday weekend as we demonstrate how to do your own nail art! Learn how to create marble effects, newspaper art and more!